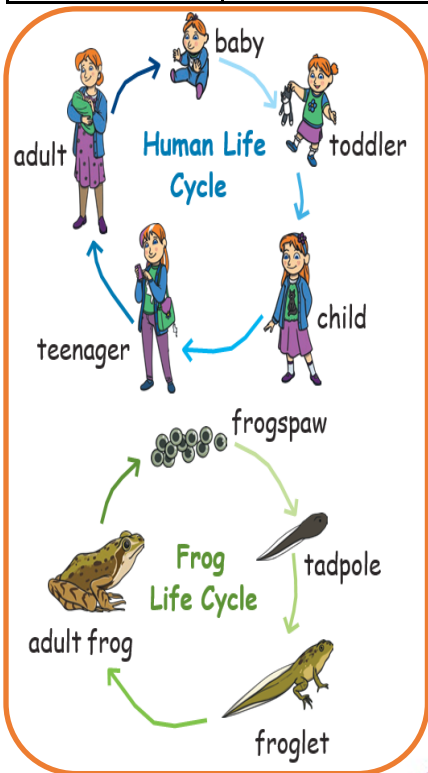


Key Vocabulary	Definition
Adult	A fully grown animal or plant.
Develop	To grow bigger and become stronger.
Life Cycle	The changes living things go through to become an adult.
Offspring	The child of an animal.
Young	Offspring that has not reached adulthood.

Key Vocabulary	Definition
Live Young	Offspring that has not hatched from an egg.
Diet	The food and water that an animal needs.
Nutrition	Food needed to live.
Hygiene	How we keep ourselves and the world around us clean so we can stay healthy and stop germs spreading.



Some animals give birth to **live young**.

Some animals lay eggs which the **young**

Both of these types of **young** then develop into **adults**.

Some **offspring** look like their **adult** when they are born.

Some **offspring** do not look like their **adult** when they are born.

To stay alive, all animals need three basic needs for survival:

air

water

food

**Eatwell Guide**

**carbohydrates**

**oil and spreads**  
Choose unsaturated oils and use in small amounts.

**fruit and vegetables**

**proteins**

**dairy and alternatives**

Eat less often and in small amounts.