



Hey Duggee & Joe Wicks - The Workout Badges

Choose a session by clicking on one of the links below.

<p>The Star Jump Badge https://www.youtube.com/watch?v=udqOXaw4jbI&list=PLyCLOpd4VxBvIsxs4yYGusHvaTq9vhNOH&index=1</p>	<p>The Ice Skating Badge https://www.youtube.com/watch?v=JBjd_sFvyCw&list=PLyCLOpd4VxBvIsxs4yYGusHvaTq9vhNOH&index=2</p>	<p>The Kangaroo Badge https://www.youtube.com/watch?v=LbJSYATh0ig&list=PLyCLOpd4VxBvIsxs4yYGusHvaTq9vhNOH&index=3</p>	<p>The Super Squat Badge https://www.youtube.com/watch?v=21vRyAvVI3c&list=PLyCLOpd4VxBvIsxs4yYGusHvaTq9vhNOH&index=4</p>
<p>The Bounce Badge https://www.youtube.com/watch?v=crJhc6qPaYQ&list=PLyCLOpd4VxBvIsxs4yYGusHvaTq9vhNOH&index=6</p>	<p>The Shadow Box Badge https://www.youtube.com/watch?v=ceit0L7S3u8&list=PLyCLOpd4VxBvIsxs4yYGusHvaTq9vhNOH&index=7</p>	<p>The Robot Badge https://www.youtube.com/watch?v=N4xfwlum2ww&list=PLyCLOpd4VxBvIsxs4yYGusHvaTq9vhNOH&index=8</p>	<p>The Magic Skipping Badge https://www.youtube.com/watch?v=jB2QFfxq&list=PLyCLOpd4VxBvIsxs4yYGusHvaTq9vhNOH&index=9</p>
<p>The Speedy Badge https://www.youtube.com/watch?v=qOR438BVIpc&list=PLyCLOpd4VxBvIsxs4yYGusHvaTq9vhNOH&index=10</p>	<p>The Power Burst Badge https://www.youtube.com/watch?v=jhLu_flkjs&list=PLyCLOpd4VxBvIsxs4yYGusHvaTq9vhNOH&index=11</p>	<p>The Mummy Badge https://www.youtube.com/watch?v=VjwS0vFbIqI&list=PLyCLOpd4VxBvIsxs4yYGusHvaTq9vhNOH&index=12</p>	<p>The Rainbow Reach Badge https://www.youtube.com/watch?v=MOflw7TA1Go&list=PLyCLOpd4VxBvIsxs4yYGusHvaTq9vhNOH&index=13</p>