									Aller	gens						
	Date	Food	Celery	Cereals (containing Gluten)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
		Mild chilli and rice with seasonal vegetables														
		Creamy tomato soup served with crusty bread		~					~							
26th Feb, 18 th Mar)	Monday	Jacket potato with cheese and mixed salad							~							
18 th	Mor	Ham salad sandwich and salad sticks		~												
, b,		Fruit cobbler and cream		✓					✓							
Ц		Yoghurt							✓							
oth		fruit														
		Spaghetti bolognaise with garlic bread and seasonal vegetables		~					~							
9th ,		Chickpea enchiladas with seasonal vegetables		~												
an, 2	Tuesday	Jacket potato with tuna and mixed salad				~	~				~					
Week A (8 th Jan, 29th Jan,	Tues	Bagel with cream cheese, cucumber and salad sticks		~					~							
A >		Biscuit and fresh fruit		 ✓ 		✓			✓							
eel		Yoghurt							~							
Š		Fruit														
	Wed nesd ay	Roast chicken with potatoes, seasonal vegetables and gravy														

	Quorn fillet with potatoes, seasonal vegetables and gravy	×						
	Jacket potato with mild chilli and mixed salad							
	Cheese and tomato roll with salad sticks	~			~			
	Fruit crumble and custard	~			~			
	Yoghurt				~			
	Fruit							
	Bacon with hash brown, baked beans bread and butter	~						
	Quorn sausage hash brown baked beans bread and butter	~	✓					
	Jacket potato with baked beans or cheese with mixed salad				~			
H	sticks	~	✓	~		~		
	Jelly and fruit Yoghurt							
	Fruit				✓			
	Hot dog and chips with salad sticks and tomato sauce	~						
	Quorn hot dog and chips with salad sticks and	~						
L L L L L L L L L L L L L L L L L L L	Jacket potato with egg and mixed salad		~					

		Ham and cheese wrap with salad sticks	✓			✓				
		Frozen mousse and fruit				✓				
		Yoghurt				~				
		Fruit								
		BBQ chicken and rice with seasonal veg					\checkmark			
		Cheese pizza with a five bean salad	✓			~				
	ay	Jacket potato with coleslaw and mixed salad		~			~			
	Monday	Bagel with cream cheese and cucumber salad sticks	✓			✓				
L)		Strawberry Angel Delight				✓				
Ma		Yoghurt				\checkmark				
, 4 th Mar)		Fruit								
(5 th Feb,		Lasagne with five bean salad	✓			✓				
c B (5 th		Chick pea and sweet potato curry with rice and seasonal vegetables								
Week B	Tuesday	Jacket potato with spaghetti hoops and mixed salad	✓							
	Tue	Cheese and tomato roll with salad sticks	√			\checkmark				
		Iced sprinkle sponge	\checkmark	\checkmark		\checkmark				
		Yoghurt				✓				
		Fruit								
	Wed nesd ay	Roast turkey with potatoes, seasonal vegetables and gravy								

	Quorn fillet with potatoes								
	seasonal vegetables and	✓							
	gravy								
	Jacket potato with Quorn								
	bolognaise and mixed		\checkmark						
	salad								
	Egg mayonnaise	✓	✓			~			
	sandwich with salad	v	v			v			
		✓			✓				
	Yoghurt								
	- ognati				✓				
	Fruit								
	Sausage and mash with								
	seasonal vegetables and	~							
	gravy								
	Quorn sausage and								
	mash with seasonal vegetables and gravy	~			\checkmark				
	Jacket potato with tuna		,						
<u>У</u> Е	and mixed salad		\checkmark	~		\checkmark			
Thursday	Tuna and cucumber								
hur	pasta salad with salad	~	\checkmark	\checkmark		\checkmark			
⊢ ⊢	sticks								
	Artic roll and fruit	✓	\checkmark		✓				
	Yoghurt				✓				
	Fruit								
	Salmon fishcake wedges	✓		✓					
	with baked beans	•		•					
	Quorn nuggets with								
کھ ک	wedges and baked beans	~							
Friday	Jacket potato with baked								
ш	beans and mixed salad								
	Chicken and bacon								
	mayonnaise sandwich	~				\checkmark			
	with salad sticks								

		Pancake with fruit and sauce	\checkmark	\checkmark		~				
		Yoghurt				~				
		Fruit								
		Chicken with fried rice and seasonal vegetables		\checkmark						
		Tomato and bean pasta bake with seasonal vegetables	\checkmark			~				
11 th Mar)	Monday	Jacket potato with spaghetti hoops and mixed salad	\checkmark							
19 th Feb, 11 ^t	Ž	Cheese and cucumber sandwich with salad sticks	\checkmark			~				
Ъ,		Fruit crumble and cream	\checkmark			\checkmark				
9 th		yoghurt				\checkmark				
		fruit								
nd Jan,		Macaroni cheese with crusty bread and seasonal vegetables	√			~				
, 22 nd ,		Five bean chilli with rice seasonal vegetables								
(3 rd Jan,		Jacket potato with tuna and mixed salad		\checkmark	~		\checkmark			
	Tuesday	Ham salad roll with salad sticks	✓							
Week C	Тиє	Chocolate fruit sponge and custard	✓	✓		~				
We		Yoghurt				✓				
		Fruit								

	Mini toad in the hole with potatoes seasonal	✓	✓		~				
	vegetables and gravy								
lay	Quorn toad in the hole potatoes seasonal vegetables and gravy	~	~		~				
Wednesday	Jacket potato with bolognaise and mixed salad								
S	Tuna and sweetcorn bagel with salad sticks	~	~	~		~			
	Fruit and biscuit	✓	✓		\checkmark				
	Yoghurt				\checkmark				
	Fruit								
	Cottage pie with seasonal vegetables and gravy								
ay	Quorn Shepherd's pie with seasonal vegetables and gravy		~						
Thursday	Jacket potato and baked beans with mixed salad								
F	Ham and cheese wrap with salad sticks	~			~				
	Jelly and fruit								
	Yoghurt				✓				
	Fruit								
	Fish fingers and chips with peas and tomato sauce	~		~					
day	Vegetable fingers and chips with peas and tomato sauce	~							
Fric	Jacket potato with ham and mixed salad								
	Egg mayonnaise sandwich with salad sticks	~	~			~			
	Chocolate crispy cake	✓			\checkmark				

		Yoghurt				✓				
		Fruit								
		BBQ chicken and rice with seasonal veg					\checkmark			
		Cheese pizza with a five- bean salad	~			~				
	lay	Jacket potato with coleslaw and mixed salad		~			~			
Mar)	Monday	Bagel with cream cheese and cucumber salad sticks	~			~				
2		Strawberry Angel Delight				✓				
25t		Yoghurt				~				
Jan,		Fruit								
<mark>Census Week (15th Jan, 25th Mar)</mark>		Sausage and mash with seasonal vegetables and gravy	~			~				
Week	~	Quorn sausage and mash with seasonal vegetables and gravy	~			~				
snsu	Tuesday	Jacket potato with spaghetti Hoops	~							
Cel	L L	Cheese and Tomato Roll	√			\checkmark				
		Artic roll and fruit	✓	✓		\checkmark				
B		Yoghurt				~				
Week B1		Fruit								
\mathbf{i}	ay	Roast turkey with potatoes, seasonal vegetables and gravy								
	Wednesday	Quorn fillet with potatoes seasonal vegetables and gravy	~							
	3	Jacket potato with Quorn bolognaise and mixed salad		~						

Image: Sandwich with salad - </th <th></th> <th>Egg mayoppoiso</th> <th></th> <th></th> <th></th> <th></th> <th></th> <th></th> <th></th> <th>1</th>		Egg mayoppoiso								1
Verture Full crumble and custard Yoghurt ✓			✓	~			~			
Image: second		Fruit crumble and	✓			~				
Model Beef burger in a Roll with Chips, Colesiaw and Tomato sauce Image: Colesiaw and Count burger in a Roll with Chips, Colesiaw and Tomato sauce Image: Colesiaw and Count burger in a Roll with Chips, Colesiaw and Tomato sauce Image: Colesiaw and Tomato sauce Image: Colesiaw and Count burger in a Roll with Chips, Colesiaw and Tomato sauce Image: Colesiaw and Tomato sauce Image: Colesiaw and Count burger in a Roll with Chips, Colesiaw and Tomato sauce Image: Colesiaw and Tomato sauce Image: Colesiaw and Count burger in a Roll with baked beans Image: Colesiaw and Count burger in a Roll with baked beans Image: Colesiaw and Count burger in a Roll with baked beans Image: Colesiaw and Count burger in a Roll with baked beans Image: Colesiaw and Count burger in a Roll with baked beans Image: Colesiaw and Count burger in a Roll with baked beans Image: Colesiaw and Count burger in a Roll with baked beans Image: Colesiaw and Count burger in a Roll with baked beans Image: Colesiaw and Count burger in a Roll with baked beans Image: Colesiaw and Count burger in a Roll with salad sticks Image: Colesiaw and Count burger in a Roll with salad sticks Image: Colesiaw and Count burger in a Roll with salad sticks Image: Colesiaw and Count burger in a Roll with salad sticks Image: Colesiaw and Count burger in a Roll with salad sticks Image: Colesiaw and Count burger in a Roll with salad sticks Image: Colesiaw and Count burger in a Roll with salad sticks Image: Colesiaw and Count burger in a Roll with salad sticks Image: Colesiaw and Count burger in a Roll with salad sticks <td></td> <td>Yoghurt</td> <td></td> <td></td> <td></td> <td>~</td> <td></td> <td></td> <td></td> <td></td>		Yoghurt				~				
Image: Second served		Fruit								
Image: second state of the state o		Chips, Coleslaw and Tomato sauce	✓							
Image: series of the set and mixed salad Image: series of the set and mixed salad Image: series of the set and mixed salad Image: series of the series o		with Chips, Coleslaw and Tomato sauce	√			~				
Chocolate lced sponge ·	ay	cheese and mixed salad				~				
Yoghurt Image: Salmon fishcake wedges with baked beans Image: Salmon fishcake wedges with baked beans Image: Salmon fishcake wedges with baked beans Image: Salmon fishcake wedges with wedges and baked beans Image: Salmon fishcake wedges with wedges and baked beans Image: Salmon fishcake wedges with wedges and baked beans Image: Salmon fishcake wedges with wedges and baked beans Image: Salmon fishcake wedges with wedges and baked beans Image: Salmon fishcake wedges with wedges and baked beans Image: Salmon fishcake wedges with wedges and baked beans Image: Salmon fishcake wedges with wedges and baked beans Image: Salmon fishcake wedges with wedges and baked beans Image: Salmon fishcake wedges with wedges and baked beans Image: Salmon fishcake wedges wedges with wedges and baked beans Image: Salmon fishcake wedges and baked beans Image: Salmon fishcake wedges	Thursd	sandwich with salad sticks	\checkmark	~	~		~			
Image: second		Chocolate Iced sponge	\checkmark	✓		\checkmark				
Normalize Salmon fishcake wedges with baked beans Image: solution of						~				
with baked beans ·		Fruit								
Wedges and baked Image: state of the		with baked beans	~		~					
beans and mixed salad Image: constraint of the second mayonnaise sandwich with salad sticks Image: constraint of the second second mayonnaise sandwich with salad sticks Image: constraint of the second secon		wedges and baked beans	\checkmark							
with salad sticks Image: Constraint of s	Â	beans and mixed salad								
sauce v v v v v v Yoghurt Image: Sauce	Frida	mayonnaise sandwich with salad sticks	✓				~			
		sauce	✓	~		~				
Fruit Fruit		Yoghurt				~				
		Fruit								